



HOT WEATHER POLICY

The Fulford Montessori Nursery Ltd safeguards the child's safety and well-being at all times in hot weather, on the premises and on trips/outings away from the nursery.

POLICY

It is our policy that we ensure all children and staff are safe when in the sun, taking precautions as necessary to limit exposure to sun. We always monitor the duration of time spent in hot weather and advocate the use of appropriate clothing and creams/lotions/sprays, whilst utilising shaded areas in nursery gardens.

IMPLEMENTATION/PROCEDURES

- **all children must come to the nursery already protected with sun cream/lotion**, during warm/hot, sunny weather. If a parent/carer has not done this, they must inform staff so that we can administer sun protection cream/lotion
- Parents/carers are requested to sign the Enrolment Permissions Form to allow the use of the standard nursery sun protection cream, **Boots Soltan Factor 50 – 8hr Protect & Play or Nivea Protect & Moisture 50+, or Nivea Kids, Protect and Care 5 in 1 50 +**. An alternative needs to be provided by the parent/carer if this cream is not acceptable
- Covered areas will always be provided
- All children must wear a hat outside during the summer months. We will provide a nursery summer hat, for use at nursery only
- We ask that children do not wear Crocs or sandals with no back strap – these are not secure for their feet when children are moving up and downstairs, using equipment outside and running and can lead to accidents, such as slips and trips
- Suitable clothing must be worn and provided by the parent during the periods of hot weather, so that as much of the skin as possible is protected and in particular the shoulders
- If a child arrives at nursery without suitable clothing, we will ask the parent/carer to return with some items or arrange for some to be delivered.
If that is not possible, we will show what we have available as alternative clothing.
If that is not possible because, for example, clothing is already in use or being laundered, we will involve the child in activities that are under cover or inside only. But we will do so without drawing unnecessary attention to a change in the day, so that the child is not left feeling excluded.
- Drinking water will be readily available for both children and staff throughout the day, and our staff will actively encourage children to stay hydrated.
- When outside, children must also have independent access to water, and staff will continue to encourage them to drink regularly.
- During periods of extreme hot weather, outdoor activities will be monitored and restricted if necessary, the children will not be outdoors between 11.00am and 3.00pm. Indoor activities, or outdoor activities under cover, will be appropriate and engaging e.g. soft play, using the subject of summer/the season

REFERENCES

For further information, please see Enrolment form, Health & Safety Policy

INTERNAL USE ONLY

Signed by the Manager on behalf of the Nursery	Date disseminated to staff	Date policy adopted on	Date for review
	JANUARY 2026	JANUARY 2026	JANUARY 2027